

Health Equity Training Timeline

START

Health Equity & Disparities PowerPoint

Introductory presentation explaining the impact of toxic stress, unhealthy coping, and predatory marketing on the tobacco-related health disparities that exist among various populations of focus.

Tobacco Shoes Swap

An activity giving participants the opportunity to walk in the shoes of a character, taking steps backward or forward based on real facts about tobacco-related health disparities.

Once practiced at a FACT meeting, members can lead this activity as a FACTivism for other teen participants.

One-Pagers Videos

A series of one-pagers about specific tobacco-related health disparities are available, each including a brief overview of the focus topic as well as data and messaging to use in FACTivisms.

A collection of brief videos about health disparities and equity has been curated to help groups learn more about specific issues and populations.

Group Brainstorming

Once FACT members understand how health disparities occur and why eliminating them is important, they'll be ready to brainstorm ways to increase health equity in their own schools and communities.

The *"Recommendations for Increasing Health Equity"* resource can be a starting point for these conversations.

School or Organization Discussion Guides

Having discussions with staff at local schools or organizations can yield valuable partnerships, increasing opportunities for the work of FACT groups to reach teen populations vulnerable to health disparities.

Disparities discussion guides are available to help FACT members lead productive introductory conversations with potential partners.

Media Outreach Personal Meetings

FACT members' expertise on tobacco-related health disparities can be shared throughout their media outreach as well as during their personal meetings with local and state leaders.

Doing so will expand the reach of their health equity advocacy work and educate the community.

