

# The FACTs on Tobacco & LGBTQ Teens

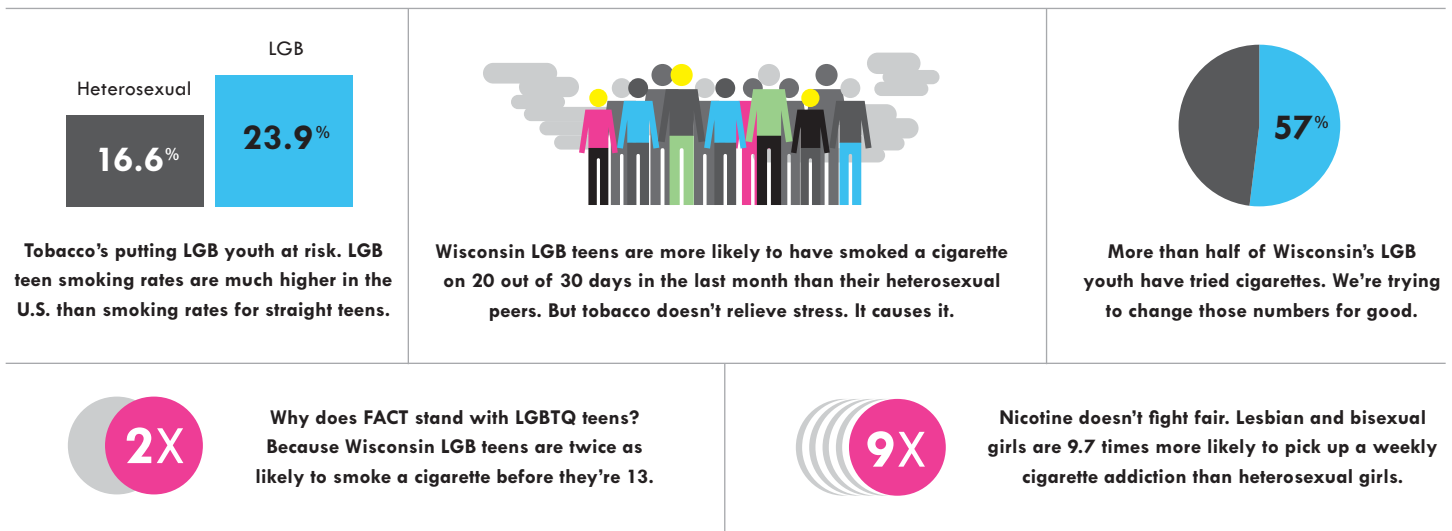
Everybody's vulnerable to the harm that tobacco products can do. But FACT knows that some teens get hit harder than others. For many lesbian, gay, bisexual, transgender and queer or questioning (LGBTQ) teens, the coming out process can be a majorly stressful experience that makes turning to tobacco more likely. And there are other challenges to cope with too—like facing discrimination and bullying, feeling rejected or misunderstood, and having to resist the pressure to fit in where “social smoking” might seem like the norm.

It's not always easy to be an LGBTQ teen and live tobacco-free. That's why FACT is stepping up to help.

## Share the FACTs

FACTivists always take the truth about tobacco to the streets. It's time people knew how tobacco's addictive chemicals and dangerous health effects are harming LGBTQ lives and the lives of all our LGBTQ friends, family and loved ones.

Unfortunately, hard numbers are tough to come by. The first national survey of America's LGB population didn't happen until 2014. And while we know TQ youth face many of the same pressures and prejudices that put LGB lives at risk, there's still almost no tobacco-related health information for TQ youth on the books. But here's what we know for sure:



## Send a Message

Share FACT's support of LGBTQ teens within your social-verse. Or turn these headlines into posters and billboards, chalkboard messages and other FACTivisms. Why not pick your favorite line and design a T-shirt? Just make sure plenty of teens like you can see your support.

<p><b>Tar is NOT a color of the rainbow.</b> #FACTmovement #TobaccoFree #LGBTQ</p>	<p><b>Making strides is easier when your lungs work.</b> #FACTmovement #TobaccoFree #LGBTQ</p>
<p><b>Live long enough to love whoever you love.</b> #FACTmovement #TobaccoFree #LGBTQ</p>	<p><b>Don't let tobacco define you.</b> Live LGBTQ proud and tobacco-free. #FACTmovement #TobaccoFree #LGBTQ</p>
<p><b>I stand with LGBTQ teens. (Far away from secondhand smoke.)</b> #FACTmovement #TobaccoFree #LGBTQ</p>	<p><b>We don't have time to fight addiction too.</b> #FACTmovement #TobaccoFree #LGBTQ</p>



[FACTmovement.org](http://FACTmovement.org)

